

## 元朗東莞同鄉會王少強夫人幼稚園

衛生署「水果在我手 健康常擁有」

2024 學年開心「果」月大行動

敬啟者：

本校已參加由衛生署舉辦「開心果月」大行動，並於二零二四年四月十日舉行開心「果」月活動。除培養學童主動吃水果的良好習慣和自理行為外，本年度的活動將加入「水果大使」的元素，鼓勵兒童向家人和朋友推廣每天吃水果。活動為期四星期(由4月10日至5月7日)用水果貼紙作記錄。活動完成後於5月8日將「水果日記咭」交回校，可得小禮物乙份以作鼓勵。

此致

貴家長

校長 鄭家鳳 啟

二零二四年四月九日

家長閱後簽署：\_\_\_\_\_

YUEN LONG TUNG KOON DISTRICT ASSOCIATION  
MRS. WONG SIU KEUNG KINDERGARTEN

No: 240415  
9<sup>th</sup> April, 2024

Dear Parents,

2023-2024 "Joyful Fruit Month"  
'Fruits in My Hand, Health is My Wealth'

Our school has joined the "EatSmart@school.hk" Campaign launched by the Department of Health to improve the eating habits of school children. The "Joyful Fruit Month" starts on 10<sup>th</sup> April, 2024. In order to cultivate children to take initiative of eating fruit and self-care behavior, we input the element of "Fruit Ambassador" to the activity. It is enable the children to encourage their families and friends to eat fruit daily. The activity lasts for four weeks (from 10<sup>th</sup> April to 7<sup>th</sup> May, 2024). We record students' fruit eating behavior by putting stickers on Fruit Diary Card. After completion of the activity, students should return their "Fruit Diary Card" to school on 8<sup>th</sup> May, 2024. Then each of them may receive a gift as encouragement.

Yours faithfully,

*Cheng Ka Fung*

Principal

I have read and understood this circular.

Signed by Parent : \_\_\_\_\_

Date : \_\_\_\_\_