

# 元朗東莞同鄉會王少強夫人幼稚園

## 「Tuning in to kids: 如何成為孩子的情緒教練」家長講座

敬啟者：

「Tuning in to kids」是墨爾本大學研究及編製的教育幼兒課程，課程顯示有效提升幼兒的情緒智商，並能協助家長幫助孩子學習明白和處理他們的情緒，從而作出合理的行為表現，讓孩子學會處理問題。有見及此，駐校社工李可欣姑娘將舉辦此家長講座，更邀請了路德會家庭生活教育組的認可導師向家長分享，誠邀 貴家長參加，有關詳情如下：

日期：2024年5月3日(星期五)

時間：下午2:00-4:00

地點：本幼稚園

講員：黃淋蔚姑娘

內容：1. 透過情緒訓練5步曲的情緒輔導以改善孩子的行為  
2. 認識情緒智商對孩子的重要

費用：全免

交回條日期：四月二十六日(星期五)前交回班主任。

此致

貴家長

校長 鄭家鳳 啟

二零二四年四月二十二日

✂

「Tuning in to kids: 如何成為孩子的情緒教練」

家長講座回條

敬覆者：

本人為\_\_\_\_\_班學生\_\_\_\_\_家長，樂意/不樂意參加貴校於5月3日舉辦之「Tuning in to kids: 如何成為孩子的情緒教練」家長講座。

此覆

元朗東莞同鄉會  
王少強夫人幼稚園

家長簽署：\_\_\_\_\_

聯絡電話：\_\_\_\_\_

日期：2024年4月\_\_\_\_日

YUEN LONG TUNG KOON DISTRICT ASSOCIATION  
MRS. WONG SIU KEUNG KINDERGARTEN

No: 240419  
22<sup>nd</sup> April, 2024

Dear Parents,

Parent seminar  
Tuning in to kids: How to be an emotional coach for kids

"Tuning in to kids" is an educational curriculum developed by the University of Melbourne to improve children's emotional intelligence quotient and help parents learn to understand and deal with their emotions, so that they can behave appropriately and learn to deal with problems. In view of this, Miss Lee Ho Yan, the registered social worker of our school, has invited the certified instructors of the Lutheran Family Life Education Unit organize the seminar of above subject. Parents are cordially invited to attend. The details are as follows:

Date : 3<sup>rd</sup> May 2024 (Friday).

Time : 2:00 p.m. - 4:00 p.m.

Location : Kindergarten

Speaker : Miss Noel W. Law

Contents: 1. Emotional coaching through the 5-step Emotional Training program to improve children's behaviour  
2. Recognize the importance of emotional intelligence for children

Fee : Free of charge

Please complete the reply slip and return it to the class teacher before 26<sup>th</sup> April, 2024 (Friday).

Yours faithfully,

*Cheng Ka Fung*

Principal

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Reply Slip  
Parent seminar  
Tuning in to kids: How to be an emotional coach for kids

Dear Principal,

I am the parent/ guardian of the student \_\_\_\_\_ class \_\_\_\_\_,  
will  participates /  not participate the seminar of "Tuning in to kids: How to be an emotional coach for kids" on 3<sup>rd</sup> May, 2024 (Friday).

Parent / Guardian's Signature: \_\_\_\_\_

Contact number: \_\_\_\_\_

Date : \_\_\_\_\_

\*Please put a "✓" in the appropriate box